



Center for Diagnostic Imaging (CDI) is providing this information to facilitate a discussion with your doctor about your pain issue. A copy of a CDI referral form is also included as your doctor will need to fill it out and fax to us if it is decided that an imaging or pain management procedure is appropriate for you.

Our radiologists are available for doctor-to-doctor consultations on the specific indications for each procedure and can be reached at 320.251.0609.

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## Myelogram

A Myelogram may be performed if you have general back pain, or previous surgery, implanted hardware or other reasons for not being able to have an MRI exam, including severe claustrophobia.

### *What are the anticipated benefits?*

A Myelogram is a diagnostic imaging exam picturing the spinal cord and column in order to reveal the root cause of your pain and help your doctor determine a proper treatment path. It is not intended to relieve your pain.

### *How does it work?*

A Myelogram usually takes 45-50 minutes. After the Myelogram, a CT scan will be done to gather detailed cross-sectional images of your spine, which will take an additional 15-30 minutes.

You will be positioned on your side, stomach or in a sitting position on a special table in our Diagnostic and Therapeutic Injections (DTI) suite. The C-arm (a special x-ray machine) can be rotated to allow the radiologist to monitor the injection to make sure he is precise in targeting the pain source. In addition, the table can be easily rotated to help the contrast dye move to the area of interest.

One of our specialized radiologists will insert a thin needle containing contrast material into the intertheal sac and inject the contrast material.

The radiologist will monitor the flow of contrast with fluoroscopy as the fluid flows up the spine with the assistance of the tilting DTI table, and take static x-ray pictures. While the contrast is still in effect, you will be moved to a computed tomography (CT) suite for an additional imaging scan that will help better define abnormalities.

After the procedure, you will need to lie down for 24 hours.

### *Are there any risks or negative side affects?*

Complication rates with Myelograms are very low.

As with all injection procedures, the contrast dye contains iodine, so patients with a known allergy to iodine may have an adverse reaction. However, because the contrast is injected into a joint and not a vein, allergic reactions are rare.

Women should always inform their physician or x-ray technologist if there is any possibility that they are pregnant or breast feeding.



Center for Diagnostic Imaging  
General Order Form for Medical Imaging and Pain Management

This form must be filled out and signed by a medical professional who is legally approved to order your specific medical imaging procedure.

Medica, Blue Cross Blue Shield of Minnesota, and HealthPartners require that any referral for an MRI or CT go through a pre-notification process prior to occurring.

CDI's Three-in-One Scheduling process includes a pre-notification process which is approved by these payers, by which CDI conducts a clinical appropriateness check on your exam. This provides you and your physician with a more straightforward, streamlined scheduling process.

**REFERRING PROVIDER: Please fill in the information below. This form can be faxed directly to CDI at one of the numbers below.**

Today's Date:		Phone:	Fax:
Referring Office Contact:			
Patient Name:		Insurance Name:	
Patient's Home Ph:		Insurance Group/Member #s:	
Patient's Work Ph:			
Patient's DOB:     /     /		Gender: <input type="checkbox"/> Male <input type="checkbox"/> Female	
<b><u>REFERRING PHYSICIAN INFORMATION</u></b>		<b><u>IMAGING PROVIDER INFORMATION</u></b>	
Clinic Name:		CENTER FOR DIAGNOSTIC IMAGING (CDI)	
Physician Name:		Phone: 320.251.0609	
Location/Address:		Fax: 320.251.3806	
Phone #:		Preferred CDI Location (check one):	
		<input type="checkbox"/> St. Cloud NorthWest <input type="checkbox"/> St. Cloud South	
		<input type="checkbox"/> Sartell <input type="checkbox"/> Alexandria	

**IMAGING PROCEDURE:**      MRI      CT      X-RAY      ULTRASOUND      MAMMOGRAPHY

BODY PART TO BE STUDIED: \_\_\_\_\_  RIGHT      LEFT      BOTH

Contrast and reconstructions as indicated by the radiologist, or:      No contrast      W & WO contrast      With contrast only  
 With reconstructions      Without reconstructions

**DIAGNOSTIC/THERAPEUTIC PROCEDURE:**      ARTHROGRAM      BURSA INJECTION      DISCOGRAM      EPIDURAL STEROID INJECTION  
 FACET JOINT INJECTION      FACET NERVE INJECTION      MYELOGRAM      NERVE ROOT BLOCK      TRIGGER POINT INJECTION  
 RADIOFREQUENCY (RF) RHIZOTOMY      OTHER: \_\_\_\_\_

BODY PART TO BE STUDIED/TREATED: \_\_\_\_\_  RIGHT      LEFT      BOTH

NOTES: \_\_\_\_\_

**CLINICAL INFORMATION (ALL INFO MUST BE COMPLETED FOR PRE-NOTIFICATION PROCESS AS EXPLAINED ABOVE)**

1. Patient's diagnosis or symptoms (include duration, frequency, and intensity):
2. What is the physician suspecting or ruling out with the requested study?
3. Has the patient received treatment for the above symptoms? (Include duration and type of treatment.)
4. List any previous relevant testing (i.e. labs, diagnostic imaging, or other test), and results:
5. Is this injury related?  Yes  No     If yes, date and type of injury:
6. Is study part of a standard post-chemo/radiation protocol in a patient with a prior cancer diagnosis?  
 Yes  No     If yes, cancer type:

**PHYSICIAN SIGNATURE:**

(REQUIRED)

**Please note:** CDI offers a full range of diagnostic imaging procedures, including MRI, CT, Nuclear Medicine, PET/CT, X-Ray and Ultrasound. This limited order form is meant to assist with orders for the most common medical imaging exams. CDI also offers diagnostic and therapeutic injections to assist with diagnosing and treating back, neck and joint pain. For more information, go to [www.CDIradiology.com](http://www.CDIradiology.com) or call us at one of the numbers above. Thank you.